

DOMESTIC VIOLENCE IS POWER AND CONTROL

A pattern of controlling behavior used to maintain power in a relationship by one partner over the other. While each case is unique, abusers use a range of abusive behaviors to control including physical, sexual, psychological, emotional and/or economic abuse.

- Tactics of Abuse
- Cycle of violence

TACTICS OF ABUSE

DENYING & MINIMIZING

Making light of the abuse by saying it never happened, making excuses, and shifting blame

DOMINANCE

Abuse of privilege hierarchy. Treat them like a servant. Make all the big decision. Act like the "Master of the Castle". Be the only one to define partner roles.

CHILDREN & REPRODUCTION

Putting the children in the middle to relay messages, threatening to take custody, not following through with visitation, and harass during visitation. Sabotage birth control and force pregnancies to impact work or limit freedom

VERBAL & EMOTIONAL

Name calling. Making them think they are crazy by playing mind games and changing the rules.

ISOLATION

Prevent them from going to work/school/church. Monitoring activities and phone calls. Accusations of unfaithfulness. Hurting or ending their relationships with family and friends

ECONOMIC ABUSE

Preventing them from getting or keeping a job. Not giving them access to money or family financial information. Damaging their credit. Taking their money

TACTICS OF ABUSE CONT.

THREATS & INTIMIDATION

Make partner afraid through looks, actions gestures, smashing things, destroying property, having a gun, and driving recklessly. Make and/or carry our threats to cause harm. Threaten to leave or commit suicide. Make partner drop charges. Threaten to 'out' their partner.

PHYSICAL

Hitting, kicking, pushing, shoving, attacking with a weapon, destroying possessions, throwing things.

SEXUAL

Insulting them in sexual terms. Forcing them to have sex or forcing them to perform sexual acts; coercion.

CULTURAL ABUSE

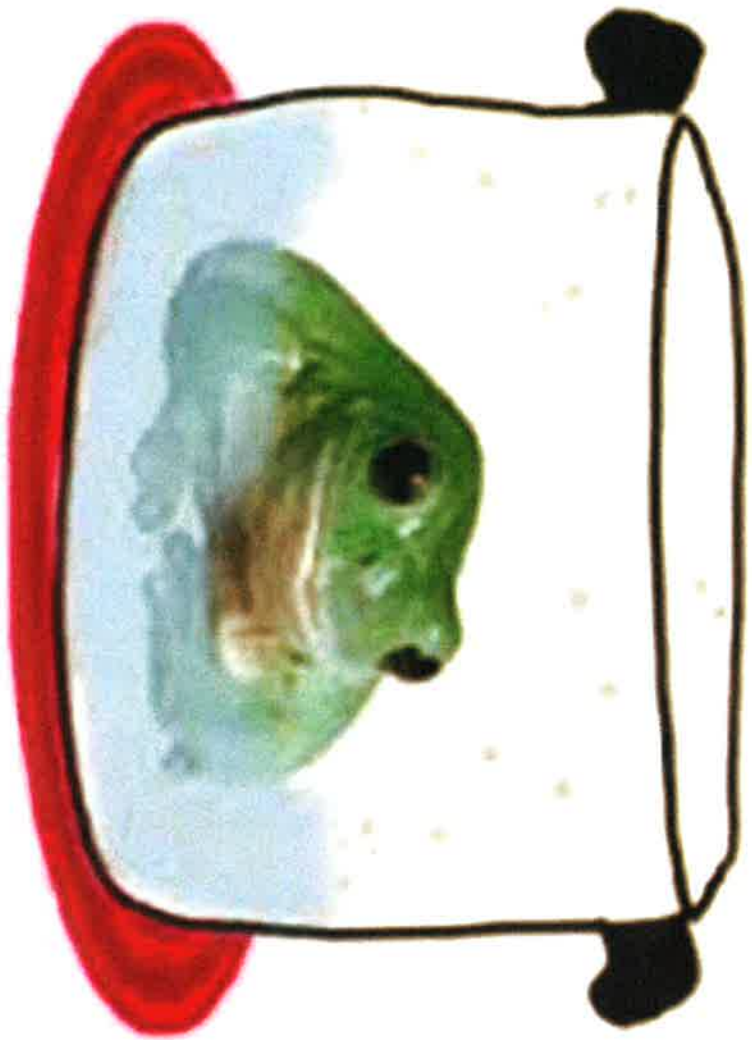
Use of culture norms as a tool to limit physical movement, justify beatings, or demand subervience. Prevent partner from possibly remarrying by accusations of adultery or to impact her honor.

IMMIGRATION STATUS

Threaten deportation. Not fill out necessary paperwork. Keep away from people who speak their language. Not allow them to learn English.

STALKING

Repeatedly maintaining a visual or physical proximity to a person; directly, indirectly, or through third parties, by any action, method, device, or means. Following, monitoring, observing, surveilling, threatening



Example

Cycle of Violence

